



Erie County Stay Fit Dining Program Ken Ton

STANDARD MENU

NEED A RIDE? CALL US!

May 2026

(716) 873-0737



Monday		Wednesday	Thursday	Friday
April 27 Penne Pasta with Meatballs and Tomato Sauce Country Cottage Mix Vegetables Cauliflower Dinner Roll Ambrosia (752)	28 Tuna Noodle Casserole Caribbean Blend Vegetables Zucchini & Squash Blend Dinner Roll Pineapple (698)	29 Breaded Chicken Breast with Lemon Collard Greens Peas with Green Pepper Garlic Biscuit Apple Crisp (607)	30 Sloppy Joe Roasted Red Potatoes with Green Pepper Hubbard Squash Hamburger Roll Tropical Fruit (726)	May 1 Philly Macaroni & Cheese Sweet Potato Bermuda Blend Cookie (826)
4 Meatloaf with Low Sodium Gravy Mashed Potatoes Peas & Pearl Onions Wheat Bread Berry Compote (805)	5 Seasoned Beef Strips Oriental Vegetables Carrots Rice Roll Apricots (641)	6 Pork Chop with Low Sodium Gravy Sweet Potato California Mix Vegetables Dinner Roll Pineapple (594)	7 Buffalo Chicken Pasta Broccoli Carrots Roll Peach Crisp (719)	8 Happy Mother's Day Apricot Chicken Rice Pilaf Green Beans with Shredded Carrot Garnish Roll Chocolate Strawberry Parfait (733)
11 Beef Stew Mashed Potatoes Roll Strawberries & Mandarin Oranges with Topping (606)	12 Low Sodium Ham Steak with Pineapple Scalloped Potatoes California Mix Vegetables Roll Peaches (601)	13 Side Salad Alfredo Chicken Spinach Lasagna Caribbean Blend Vegetables Chef Salad with Dressing Dinner Roll Warm Apples (820)	14 Stuffed Pepper Casserole Carrots Cauliflower Italian Bread Pear Parfait (802)	15 Turkey Breast with Low Sodium Gravy Sweet Potatoes Green Beans with Green Peppers Roll Fruited Tapioca (602)
18 Hot Chicken Salsa Bake Red Potato with Green Pepper Capri Vegetable Blend Roll Chocolate Mousse (648)	19 Sliced Roast Beef with Low Sodium Gravy Cheesy Mashed Potatoes Sweet & Sour Cabbage Dinner Roll Fruit Crisp (843)	20 Cheese Ravioli with Low Sodium Tomato Meat Sauce Peas Seasoned Summer Squash Italian Bread Berries with Whip Topping (708)	21 Fajita Chicken Over Rice with Black Beans & Salsa Broccoli Mixed Vegetables Chocolate Chip Cookie (850)	22 Memorial Day Grilled Hot Dog on a Roll Baked Beans Roasted Potatoes Carrots Red, White & Blue Parfait (939)
25 Memorial Day Holiday No Meals Served	26 Chicken Breast with Mango Salsa Rice Pilaf Caribbean Blend Vegetables Roll Cherry Cobbler (635) ** If you have a food allergy, please notify us. **	27 Southwest Cheese Frittata with Salsa Roasted Red Potatoes Hubbard Squash Roll Orange Dream Parfait (786) **Menu is subject to change**	28 Sliced Pork Loin with Cranberry Apple Chutney Sweet Potatoes Collard Greens Roll Applesauce (640)	29 Breaded Eggplant with Low Sodium Tomato Meat Sauce & Mozzarella Cauliflower Spinach Dinner Roll Yogurt Parfait (765)