

Erie County Stay Fit Dining Program Ken Ton

April 2026 Frozen Meals



The Erie County Stay Fit Dining Program Frozen Meals Program Ken Ton is pleased to offer the 5 pack variety of Frozen Meals. During April 2026, the following entrees are planned to be included in the 5 pack. Please note the weekly 5 pack entrees are subject to change. Each entrée comes with vegetable, bread, milk and dessert. The date on the meal is the date on which it is prepared and frozen. Meals include a nutritious variety of foods to enjoy! The 5 Pack Frozen Meals are picked up on the Monday, unless Monday is a holiday, then pick up is Tuesday. Please remember that a contribution of \$3.50 per meal (\$17.50 per 5 pack) is suggested, but any amount is appreciated and goes towards the meals. Thank you in advance for your contribution!

Monday, April 6 Swedish Meatballs with Pasta and Low Sodium Sauce, Honey Glazed Chicken, Meatloaf with Low Sodium Gravy, Low Sodium Ham Steak, Chef's Choice

Tuesday, April 13 Sliced Turkey Breast with Low Sodium Gravy, Steakette Burger with Low Sodium Gravy, Chicken Florentine, Sausage & Chicken Jambalaya, Stuffed Shells with Tomato Meat Sauce

Monday, April 20 Beef Stroganoff, Taco Casserole, Pulled Pork Sandwich, Turkey a la King, Battered Fish

Monday, April 27 Chicken Breast with Low Sodium Gravy, Turkey Divan Casserole, Lasagna with Meat Sauce, Cheeseburger Pie, Ham & Cheese Frittata

*If you have a food allergy, please notify us.

