



Erie County Stay Fit Dining Program Ken Ton April 2026



Monday	Tuesday	Wednesday	Thursday	Friday
March 30 Swedish Meatballs with Pasta & Low Sodium Sauce Bermuda Blend Vegetable Carrots Dinner Roll Tropical Fruit (758)	March 31 Honey Glazed Chicken Sweet Potato Lima Bean Bake Roll Pudding Parfait (816)	1 Meatloaf with Low Sodium Gravy Mashed Potatoes Mixed Vegetables Biscuit Fruited Jell-O (762)	2 Easter Luncheon Low Sodium Ham Steak with Pineapple Scallop Potatoes Broccoli & Carrots Biscuit Blueberry Pear Crisp (699)	3 <b style="color: blue;">Holiday <b style="color: blue;">Good Friday <b style="color: blue;">No Meals Served
6 Sliced Turkey Breast with Low Sodium Gravy Sweet Potatoes Peas Dinner Roll Fruited Tapioca Pudding (646)	7 Steakette Burger with Low Sodium Mushroom Gravy Mashed Potatoes Caribbean Blend Vegetables Rye Bread Tropical Fruit (857)	8 <b style="color: green;">Side Salad Chicken Florentine with Sauce & Spinach California Mix Vegetables Chef Salad with Dressing Pasta Dinner Roll Strawberries & Grapes (651)	9 Sausage & Chicken Jambalaya with Peppers Yellow Squash with Grated Carrots Rice Roll Apricots (738)	10 Stuffed Shells with Tomato Meat Sauce & Mozzarella Seasoned Spinach with Mushrooms Italian Bread Vegetables Italian Bread Mandarin Oranges (704)
13 Beef Stroganoff Cauliflower Green Beans with Shredded Carrots Rice Roll Ambrosia (666)	14 Taco Casserole with Peppers & Onions Mixed Vegetables Fajita or Tortilla or Tortilla Chips Lime Parfait (946)	15 Pulled Pork Sandwich on a Hamburger Roll Baked Beans Sweet & Sour Coleslaw Warm Apples (766)	16 Turkey a la King Mashed Potatoes Country Cottage Mix Vegetables Roll Berry Compote (588)	17 Battered Fish with Tartar Sauce Red Potatoes Zucchini Medley with Peppers Roll Strawberry Yogurt Parfait t(642)
20 Boneless Chicken Breast with Low Sodium Gravy Peas & Carrots Broccoli Noodles Roll Apple Slices (648)	21 Turkey Divan Casserole Cranberry Sauce Sweet Potato Green Beans Roll Fruit Cocktail (602)	22 <b style="color: green;">Side Salad Lasagna with Tomato Meat Sauce California Mix Vegetables Chef Salad with Dressing Roll Cherry Crisp (886)	23 Cheeseburger Pie Green Beans Bermuda Blend Vegetables Strawberry Parfait (736)	24 Ham & Cheese Frittata Cauliflower Spinach Roll Pineapple (597)
27 Penne Pasta with Meatballs and Tomato Sauce Country Cottage Mix Vegetables Cauliflower Dinner Roll Ambrosia (752)	28 Tuna Noodle Casserole Caribbean Blend Vegetables Zucchini & Squash Blend Dinner Roll Pineapple (698) *If you have a food allergy, please notify us.	29 Chicken Breast with Lemon Collard Greens Peas with Green Pepper Garlic Biscuit (or Roll) Apple Crisp (607) *Menu is subject to change*	30 Sloppy Joe Roasted Red Potatoes with Green Pepper Hubbard Squash Hamburger Roll Tropical Fruit (726)	May 1 Philly Macaroni & Cheese Sweet Potato Bermuda Blend Cookie (826)

